

Triple Invocation

Homage to our teacher, Śākyamuni Buddha (*Repeat 3 times)

Prajna Paramita Heart Sutra

While practicing the profound prajñāpāramitā, Avalokiteśvara Bodhisattva clearly looked into the five aggregates and realized they are empty, overcoming all ills and dissatisfaction.

Śāriputra! Form is no different from emptiness, emptiness is no different from form; form is just emptiness, emptiness is just form; so too are sensation, perception, volition, and consciousness.

Śāriputra! Emptiness is the nature of all dharmas: it neither arises nor ceases, is neither impure nor pure, neither increases nor decreases. Therefore, in emptiness, there is no form, no sensation, perception, volition, nor consciousness; no eyes, ears, nose, tongue, body, nor mind; no form, sound, scent, taste, touchable object, nor mental formation; no realm of sight, up to no realm of mind; no ignorance and no end of ignorance, up to no aging and death and no end of aging and death; no dissatisfaction, origination, cessation, or path; no wisdom and also no attainment.

As there is no thing to attain, bodhisattvas who rely on prajñāpāramitā have no mental hindrances; because there are no hindrances, they have no fear and leave inverted dream-like delusions far behind, ultimately reaching nirvāṇa. All buddhas

of the past, present, and future, having relied on prajñāpāramitā, thus attain a.nuttarāsamyak-saṃbodhi. Therefore, know that prajñāpāramitā is the great spiritual mantra, the great illuminating mantra, the unexcelled mantra, the une.qualified mantra; able to dispel all dissatisfaction; it is true, not deceptive. Thus the prajñāpāramitā mantra is proclaimed in this way: gate gate pāragate pārasaṃgate bodhi svāhā!

Triple Gem Refuge

Taking refuge in the Buddha, I wish all sentient beings

Understand the greatest doctrine, make the highest vows.

Taking refuge in the Dharma, I wish all sentient beings

Study deeply in the sutras, gain a sea of wisdom.

Taking refuge in the Sangha, I wish all sentient beings

Lead the congregation in peace and harmony.

Dedication of Merit

May kindness, compassion, joy, and equanimity pervade all worlds;
May we cherish and build affinities to benefit all beings;
May Chan, Pure Land, and Precepts inspire equality and patience;
May our humility and gratitude give rise to great vows.