

2021 North America Buddha's Light Cultivation Year

—To Make the World a Better Place

As the pandemic continues, society seemingly becomes more unstable and filled with chaos. What can we do as Buddhists? Through our faith and our cultivation, we can send out positive energy and share goodwill with the world.

Anytime you start – Nov 7, 2021

(Final Dedication of Merit in the Medicine Buddha's Dharma service)

Practices : Heart Sutra, Medicine Buddha's Dharani
or Buddha's names

Cultivation procedure:

Meditation, Join your palms, Offer an incense

Chant Heart Sutra, Medicine Buddha's Dharani












































































































or Buddha's names

(You can mark a lotus every one hundred times)

Refuge in the Triple Gems & Dedication of Merit

Name:

Practices : ☐ Medicine Buddha's Dharani ☐ Heart Sutra ☐ Buddha's names

1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18
																	
19	20	21	22	23	24	25	26	27	28	29	30	31	32	33	34	35	36
																	
37	38	39	40	41	42	43	44	45	46	47	48	49	50	51	52	53	54
																	
55	56	57	58	59	60	61	62	63	64	65	66	67	68	69	70	71	72
																	
73	74	75	76	77	78	79	80	81	82	83	84	85	86	87	88	89	90
																	
91	92	93	94	95	96	97	98	99	100	101	102	103	104	105	106	107	108
																	

Please report your count every week : www.ibpscultivation.org

** The names of those who chant over 1000 Heart sutras or 50,000 Medicine Buddha Dharani or 100,000 Buddha's names within one month will be placed on the Wall of Honor